Hardin County MHDD Advisory Board Meeting Minutes April 19, 2019 Friendship Club, Iowa Falls

Members present: Jim Johnson, Mary Nelson, Michelle Lauchner, Mary Swartz, Kathy Hanzek, Tim Rogers, and Alison Brennan. Members Absent: Theresa Scholte, Bev Dirksen, Cheri Manning. Also present: Linn Adams, Carrie Lair.

Chair Johnson called the meeting to order and introductions were made.

Minutes of Previous Meeting. Swartz moved, Brennan seconded to approve the minutes of the January 11, 2019 meeting. All voted aye.

Service Spotlight- Mobile Crisis Response-Eyerly Ball MHC. Carrie Lair provided information about the service and data for the first year of operation in CICS region. The service is provided in Tiers-north (includes Hardin), central, and south. For the first year they responded to 631 calls. Of those, 430 were counseled and situation stabilized with only 91 needing to be hospitalized. Last month was the busiest so far with 78 calls. Hardin County is averaging about 5 calls per month. Law enforcement has submitted the highest number of referrals. Carrie answered questions of the Board. They will have a new brochure out soon.

Regional Advisory Board. Rogers reported on the meeting that was held April 9th. There were not enough present to vote on the bylaws amendment. They reviewed the FY 20 Annual Service and Budget Plan. They also reviewed legislative issues, crisis services, and 6 month service coordination.

CICS Local Designated Funds. Adams provided an update. The letter discussed at previous meeting was sent out to Hardin County providers. Achieve Mental Health was the only provider that submitted requests. The Committee (Swartz, Hanzek, and Adams) reviewed and approved the project along with two other expenditures. Commitments from the local funds designation so far include:

- #Letsstarttalking event at IFS High School-\$200 for cosponsorship.
- Achieve Mental Health- max of \$1500 for consultation at IFA schools; \$1395 for EMDR training; and \$469 for EMDR equipment.
- May Mental Health Awareness Event- \$606.72 to Mary Neubauer for speaking and mileage.
- Banners for marketing-\$200
- Total amount committed so far apx. \$4,371.

Adams advised the Board that discussions continue with the landlord of the Friendship Club regarding moving to a larger space in the same building. If this becomes a reality funds will be needed for upgrades to the new space etc. Additional space is needed due to increased participation. In addition, the county bus is need of some repairs such as tires, air conditioning etc. Rather than send out another round of letters to providers, it was the consensus of the Board that the remaining local funds be used for the Friendship Club needs if the move can happen. The CICS Administrative Team has recommended to the Governing Board to approve Local Funds again for FY 20 at half the FY 19 level.

Legislative Update. Adams reported on the following:

- HF 690. It passed House and just passed Senate 46-2 and is waiting for Governor to sign. This bill is the redesign of the childrens mental health system. It models the adult system with core services and gives responsibility to the MHDS regions. It requires each region to prepare a Plan by April, 2020 on implementation. Funding has not been resolved yet.
- HF 691. This bill has passed the House and Senate and has support of Governor. It will allow regions to have 40% fund balance and allow a longer period to spend down. This will help CICS in not having "boomerang" in needing to spend down balance quick and then having a very lean balance for several years.

New Core Services. Legislation passed last year mandates the development of Access Centers and IRSH homes in each region. Adams reported on two meetings held recently with providers to discuss CICS's plans for these services. It appears CICS will implement more of a "lead agency" access network since we have several of the components existing. We will need to develop "no eject, no reject" contracts and determine a lead agency.

Upcoming Events. The following events and dates were noted:

- April 24 and April 30, C3 De-Escalation Training, Hardin County Engineers Office Meeting Room, Eldora, 9am or 1pm each day.
- May 17. Hamilton County MH Seminar, Webster City, 9-3:00.
- May 29. Hardin County MH Month Seminar and Volunteer Recognition, 11-1:15. Speaker-Mary Neubauer, complimentary luncheon.
- June 13. Senior Health Fair, IFA High School.
- June 26. CICS Crisis Public Meeting, ECC Ag. Building, Iowa Falls, 10-12.

Next Meeting and Schedule. The next meeting is July 19 at 8:30 a.m. at Friendship Club. At that meeting any scheduling changes for future meetings will be discussed.

With no further business, the Chair adjourned the meeting.